

This is what went in the bags in 2017 season . There will be many similarities from year to year but all depends on the season what you will get but is a good guide.

July 5

6 item

New potatoes 700g, beetroot bunch, broad beans 500g, tuscan kale 230g , spinach 200g, courgettes 400 to 500g ,

9 item

New Potatoes 1kg, beetroot bunch, broad beans 500g, tuscan kale 230g , spinach 200g, courgettes 500g , point cabbage, 150g mange tout , 2 mini cues

July 12

6 item

New Potatoes, pointy green cabbage , 2 little gem lettuces, chard 200g, tomatoes(red cherry) 220g, courgettes 400g.

9 item

New Potatoes, pointy green cabbage , 2 little gem lettuces, chard 200g, tomatoes(red cherry) 220g, courgettes 400g, spring onions bunch, green curly kale 230g , calabrese 330g

July 19

6 item

New Potatoes, cucumber mini , bunch spring onions , lettuce 2 little gem , calabrese 330g, spinach chard 200g ,

9 item

New Potatoes, cucumber mini , bunch spring onions , lettuce 2 little gem , calabrese 330g, spinach chard 200g , pointy red cabbage , tomatoes (mixed red, yellow , cherry, normal) 220g , French beans 200g

July 26th

6 item

New Potatoes, bunch chioggia beetroot , pointy red cabbage, courgettes 450g, french beans 200g, red batavian lettuce.

9 item

New Potatoes, bunch chioggia beetroot , courgettes 450g, french beans 200g, red batavian lettuce , kale, cucumber, tomatoes (mixed red, yellow , cherry, normal) , calabrese 330g

August 2

6 item

Spring Onions bunch , courgettes 450g, spinach chard 200g, cucumber, tomatoes (mixed red, yellow , cherry, normal), French beans 200g.

9 item

Spring Onions bunch , courgettes 450g, spinach chard 200g, tomatoes (mixed red, yellow , cherry, normal), French beans 200g, Calabrese , new potatoes 1kg, tuscan kale 230g, green peppers,

August 9

6 item

Courgettes 450g, french beans 200g , bunch red beetroot, red batavian lettuce, 230g tuscan kale, 300g calabrese,

9 item

Courgettes 450g, french beans 200g , bunch red beetroot, red batavian lettuce, 300g calabrese, cucumber , harlequin squash, tomatoes (mixed red, yellow , cherry, normal)
Spinach chard.

August 16th

6 item

Spring onions bunch, courgettes 450g, tomatoes(mixed red, yellow , cherry, normal) pointy red cabbage, french beans 200g, calabrese 300g+

9 item

Spring onions bunch, courgettes 450g, tomatoes , french beans 200g, calabrese 300g+ , curly green kale, butterhead lettuce, fennel, cucumber.

August 23rd

6 item

Carrots bunch , calabrese 330g , red lettuce, cucumber, french beans 200g, Tuscan Kale 230g,

9 item

Carrots bunch , calabrese 330g , red lettuce, french beans 200g, Tuscan Kale 230g, beetroot red bunch, spinach chard, courgettes 450g , tomatoes(mixed red, yellow , cherry, normal)

August 30th

6 item

Onions 450g, sweetcorn 2 cobs, fennel, bunched carrots, spinach chard 200g , tuscan kale 200g,

9 item

Onions 450g, sweet`corn 3 cobs, fennel, bunched carrots, spinach chard 200g , tuscan kale 200g, French beans 220g, Tomatoes mixed 260g, courgettes yellow and green 470g

September 6th

6 item

Onions 450g, courgettes 450g, calabrese 330g, lettuce red, sweetcorn 2, beetroot bunch

9 item

Onions 450g, courgettes 450g, calabrese 330g, lettuce red, sweetcorn 3, beetroot bunch, pointy red cabbage, french beans, cucumber

September 13th

6 item

Sweetcorn 2 , beetroot bunch, courgettes yellow and green 450g, lettuce red, rocket bag, pointy red cabbage,

9 item

Sweetcorn 3 , beetroot bunch, onions 450g, lettuce red, rocket bag, butternut squash, tomatoes mix colours and sizes 260g, green curly kale 240g, calabrese 330g. Peppers

September 20th

6 item

Squash harlequin, tomatoes(mixed red, yellow , cherry, normal) onions, curly kale, rocket, calabrese 300g+

9 item

Tomatoes(mixed red, yellow , cherry, normal) onions, curly kale, rocket, calabrese 300g+, red cabbage pointy, sweetcorn, leeks 500g, courgettes 450g, spinach chard.

September 27th

6 item

Harlequin Squash, Leeks 500g , Calabrese 300g , beetroot bunch, curly kale 230g, butterhead lettuce,

9 item

Harlequin Squash, Leeks 500g , Calabrese 300g , beetroot bunch, curly kale 230g, butterhead lettuce, pointy green cabbage , onions 440g, carrots bunch.

October 5th

6 item

Squash, celery, calabrese 300g, red cabbage , kale 230g, tomatoes mixed 250g,

9 Item

Courgettes 400g, leeks 450g, calabrese 300g, green cabbage, kale 230g, tomatoes mixed 240g, spinach 230g, carrots bunch, rocket 150g

October 11th

6 Items

Calabrese 300g, beetroot bunch, kale 200g, courgettes 450g, leeks 450g, spinach chard 200g

9 items

Red Cabbage , squash, celery, tomatoes 240g, chinese radish bunch, potatoes 900g, calabrese 250g, leeks 450g, kale 230g

October 19th

6 Items

Pointy green cabbage , chinese radish bunch, celery, calabrese 250g, squash, spinach chard 200g

9 items

Pointy green cabbage , chinese radish bunch, celery, calabrese 250g, squash, spinach chard 200g , salad bag 150g , courgettes 450g, lettuce

October 26th

6 Items

Squash, leeks 450g, calabrese 250g, beetroot bunch, kale 230g, Lettuce.

9 Items

Squash, leeks 450g, calabrese 250g, beetroot bunch, kale 230g, Lettuce., cabbage, onions 460g, carrots bunch.

November 1st

6 Items

Red Cabbage , parsnips 400g, squash, spinach chard 200g, calabrese 300g, celery.

9 Items

Red Cabbage , carrots bunch, squash, spinach chard 200g, calabrese 300g, celery, Kohl rabi 400g, brussels tops , lettuce

November 9th

6 Items

Beetroot, Celery, kale, lettuce, Squash, Calabrese 300g,

9 Items

Beetroot, Celery, kale, lettuce, Squash, Calabrese 300g, red cabbage, brussels sprouts 400g, leeks 450g

November 16th

6 Items

Savoy cabbage , brussels sprouts 400g, leeks 450g , kale curly 230g, lettuce, turnips bunch,

9 Items

Savoy cabbage , brussels sprouts 400g, leeks 450g , kale curly 230g, lettuce, turnips bunch, Fennel 330g, parsnips 400g, sprouting broccoli 300g,

November 22nd

6 Items

Swede 500g, kale 200g, beetroot bunch, Squash, leeks 450g, brussel tops,

9 Items

Kale 230g, beetroot bunch, squash, savoy cabbage, celery, pak choi, kohl rabi 400g, lettuce , fennel 330g.

November 29th

6 Items

Brussel sprouts 400g, turnips bunch, kale 230g, squash , red cabbage , pak choi,

9 item

Brussels sprouts 450g, turnips bunch, kale 230g, squash, leeks 450g, swede 400g, fennel 330g, spinach, salad bags.

December 7

6 Items

Beetroot bunch, Sprouting Broccoli, Fennel 330g, Parsnips 450g, Leeks 450g, Celery.

9 Items

Beetroot bunch, Sprouting Broccoli 300g, Fennel 330g, Kohl rabi 400g, Carrots bunch, Pak choi, Squash, Savoy cabbage, curly kale 230g

December 14

6 Items

Savoy Cabbage, B. Sprouts 400g, leeks 450g, Squash , kale 230g, Swede 400g,

9 Items

Savoy Cabbage, B. Sprouts 400g, Leeks 450g, Squash, Kale 230g, Sprouting Broccoli 300g, bunch turnips, salad leaves , celeriac

December 21

6 Items

Parsnips 450g, B. Sprouts 400g, Leeks 450g, Kale 230g, Bunched beetroot , red cabbage

9 Items

Parsnips 450g, B. Sprouts 400g, Leeks 450g, Kale 230g, Bunched beetroot , red cabbage Swede 450g, Purple Sprouting 300g, Squash

January 3rd

6 Items

Green Cabbage , Purple Sprouting 300g, Brussels Sprouts 450g, Squash, Leeks 430g, Swede 400g

9 Items

Red Cabbage, Purple Sprouting 300g, Brussels Sprouts 450g, Squash, Leeks 450g, Swede 400g, Celeriac, Beetroot 400g, Spinach Chard.

January 10th

6 Items

Leeks 450g, Beetroot 400g, purple Sprouting 300g, Brussel Sprouts 450g, celeriac, Spinach Chard

9 Items

Leek 450g, Beetroot 400g, Purple Sprouting 300g, Brussels Sprouts 450g, Swede 400g, Cabbage, Squash, Bunch turnips, Curly Kale 230g

January 17th

6 Items

Red Cabbage, Curly kale 230g, Brussels Sprouts 450g, leeks 450g, parsnips 450g, swede 400g

9 Item

Red Cabbage, Curly kale 230g, Brussels Sprouts 450g, leeks 450g, parsnips 450g, swede 400g, Celeriac, Purple Sprouting 300g, Kohl Rabi 400g, Squash

January 23rd

6 Items

Turnips bunch, celeriac, Brussels Sprouts 450g, Purple Sprouting 300g, Kale 200g, Spinach Chard 200g.

9 Items

Beetroot, Swede 400g, B.Sprouts 450g, Purple Sprouting 300g, Kale 200g, Salad bags, leeks 450g, brussels sprouts 450g, squash.

February 1st

6 Items

Green Cabbage, Parsnips 450g, Jerusalem Artichokes 400g, Leeks 450g, Kale 200g, Swede 400g

9 Items

Red Cabbage , parsnips 450g, Jerusalem Artichokes 400g, Leeks 450g, kale 200g, celeriac, Brussels sprouts 450g, pak choi, squash.

February 8th

6 Items

Beetroot 400g, Leeks 450g, Kale 200g, Purple sprouting 300g, Sprout tops , Brussels Sprouts 450g

9 Items

Beetroot 400g, Leeks 450g, Kale 200g, Purple sprouting 300g, cabbage, squash, swede 400g, Jerusalem Artichokes 400g, Spinach chard 200g

February 15th

6 Items

Green Cabbage, leeks 450g, Brussels Sprouts 450g, Parsnips 400g, Purple sprouting 300g, swede 400g

9 Items

Red cabbage, leeks 450g, b.Sprouts 450g, Parsnips 450g, purple sprouting 300g, beetroot 400g, squash , Jerusalem Artichokes , kale

February 21

6 Items

Leeks 450g, kale 200g, Purple sprouting 300g, B. Sprouts 450g, Cabbage , Celeriac,

9 Items

Leeks 450g, kale 200g, purple sprouting 300g, b.sprouts 450g, cabbage , celeraic, lettuce, pak choi, jerusalem artichokes